Wednesday Friday Saturday Sunday Monday Tuesday Thursday Location Kevs ★ Be Adventurous 10:00 P Golf Putting w/Bill (GR) BDR Back Dining Room Be Challenged [GR] Billiards Room 11:00 Cuided Meditation with 201 Granite Road Guilford, CT Be Connected В Blandina [PDR] 06437 СН Chapel 11:00 P Wii Bowling [FS] **Be Family** DR Dining Room Guilford, CT 06437 3:00 Topening Art Exhibition: Michael Exercise Room ER ★ Be Inspired Crampton 203-458-3337 Fireside Lounge FS 4:00 M Piecing Together The Puzzle [FS] AT GUILFORD GR W Be Social Game Room 6:30 😭 Jazz with Bob W. [BDR] Internet Cafe IC Be Well Private Dining Room PDR **Groundhog Day** 8:45 Dlood Pressure Screen w/Berit 9:30 St. Leslie's Jewelry and 9:00 Bus for Appointments WEAR BLUE TO LUNCH 10:00 P Golf Putting w/Bill (GR) 9:30 Shopping / Errands Accessories (FS) between 9 am and 1 pm [B] 9:30 Bus to 10 am Church Services in Guilford [B] 11:00 Bible Study (PDR) 9:00 C Bus for Appointments between 9 am and 1 9:30 Shopping / Errands in Branford [B] 10:30 Roman Catholic Communion [CH] 11:00 Guided Meditation with on Guilford Green [B] 9:45 Moving with Mike [GR] pm [B] 11:00 Walking Club [BR] 11:00 Walking Club [BR] 11:00 P Let's be crafty! (IC) Blandina [PDR] 9:45 Movement for Better Balance Class (GR) 9:45 Moving with Mike [ER] 11:00 Word in a Word [BDR] 11:30 Learn Spanish with Blandina [PDR] 11:00 Walking Club [BR] 2:00 💓 Bingo [GR] 11:00 🏴 Wii Bowling [FS] 11:00 Meditative Coloring Art [PDR] 11:00 Walking Club [BR] 12:30 Word Search at Lunch [DR] 12:30 * Wine Pairing Luncheon [DR] 2:00 W POKENO [IC] 11:00 Walking Club [BR] 3:00 88 Birthday and Anniversary 12:00 Take a Soldier home 2:00 W Guys' Pool party! [BR] 2:00 **A Culinary Experience with Chef Jared** 2:45 Thursdays with Maddy! (FS) 2:00 W Bingo [GR] 2:00 W Visit with Laura & Stevie the Dog [BDR] Celebrations 3:00 W Super Bowl Tail Gate Party! (FS) 4:00 W First Friday BYOB Happy 3:00 Activity Advisory Committee [BDR] 3:00 😭 Jazz Icons presents: Louis 2:00 **Chorale w/Sharon [FS]** 4:00 M Piecing Together The Puzzle [FS] 4:00 M Piecing Together The Puzzle [FS] 6:30 M Bingo [GR] 4:00 M Piecing Together The Puzzle [FS] Armstrong in concert (FS) Hour [IC] 6:30 😭 Jazz with Bob W. [BDR] 7:00 Sunday Night Movie [FS] 7:00 Penny Poker [IC] 7:00 Friday Night Movie! [FS] 15 9 13 9:30 Shopping / Errands 9:30 🛊 Bus to 10 am Church 9:00 **Bus for Appointments** 9:30 Shopping / Errands in 9:00 Sus for Appointments Valentine's Day 9:45 Sit and Be Fit between 9 am and 1 pm [B] Branford [B] 10:00 P Golf Putting w/Bill (GR) Services on Guilford between 9 am and 1 pm WEAR RED TO LUNCH! in Guilford [B] 9:45 Sit and Be Fit 9:45 Sit and Be Fit 9:45 C Sit and Be Fit Green [B] [GR] 9:45 Moving with Mike [GR] 11:00 Walking Club [BR] 10:30 Roman Catholic Communion [CH] 10:30 M Coffee and Donuts 9:45 Moving with Mike [ER] 9:45 Movement for Better Balance 11:00 Cuided Meditation with 11:00 P Word in a Word [BDR] 11:00 Rible Study (PDR) 11:30 🛊 Learn Spanish with Blandina [PDR] 11:00 Let's be crafty! (IC) Class (GR) Blandina [PDR] 11:00 Walking Club [BR] 11:00 Walking Club [BR] 12:30 Word Search at Lunch [DR] 11:00 Walking Club [BR] 12:00 O Audiology with John (BDR) 11:00 Meditative Coloring Art [PDR] 12:00 Take a Soldier home 11:00 P Wii Bowling [FS] 2:00 W Bingo [GR] 2:00 W POKENO [IC] 12:15 W Lunch Bunch! 2:00 💓 Bingo [GR] 11:00 Walking Club [BR] 3:00 Wine and Cheese [BDR] 3:00 Penny Poker [IC] 2:00 W Guys Poker Game (IC) 2:00 The Spectrum of Arts [GR] 2:00 Food For Thought with Chef Jared 2:00 **Chorale w/Sharon [FS]** 3:00 New Resident Reception [BDR] 3:00 At Home Spa! with Blandina 4:00 M Piecing Together The Puzzle [FS] 4:00 M Piecing Together The Puzzle [FS] 2:45 Thursdays with Maddy! (FS) 3:30 W Valentine's Day Concert with Tony V. (FS) 7:00 Sunday Night Movie [FS] 6:30 W Jazz with Bob W. [BDR] 4:00 M Piecing Together The Puzzle [FS] 3:30 Thirsty Thursday Happy Hour! [BDR] 7:00 W Friday Night Movie! [FS] 6:30 W Bingo [GR] 7:00 Penny Poker [IC] 16 9:30 Bus to 10 am Church Presidents' Day 9:00 C Bus for Appointments between 9 9:30 😭 Shopping / Errands in 9:00 Sus for Appointments WEAR SUNGLASSES TO LUNCH! 9:45 Sit and Be Fit am and 1 pm [B] Branford [B] between 9 am and 1 pm [B] Services on Guilford 9.45 C Sit and Be Fit 10:00 P Golf Putting w/Bill (GR) 9:30 Shopping / Errands in 9:45 Movement for Better Balance Class (GR) 9:45 C Sit and Be Fit Green [B] 11:00 > Heart Healthy Lifestyle presented by 9:45 Sit and Be Fit Guilford [B] 10:00 ★ Prayer Circle *ALL WELCOME* [CH] 10:30 Roman Catholic Communion [CH] the VNA (GR) 9:45 Moving with Mike [ER] 11:00 R NATYA MANDALA Indian 11:00 Walking Club [BR] 10:30 ★ Protestant Communion *All Welcome* ICH 9:45 Moving with Mike [GR] 11:00 P Let's be crafty! (IC) 11:00 Walking Club [BR] 11:00 Walking Club [BR] 11:00 Meditative Coloring Art [PDR] 11:30 **Learn Spanish with Blandina** classical dance Show (FS) 11:00 P Word in a Word [BDR] 11:00 Walking Club [BR] 2:00 W Bingo [GR] 11:00 Walking Club [BR] 12:00 Take a Soldier home 11:00 P Wii Bowling [FS] 2:00 W POKENO [IC] 2:00 Rook Club with Connie! (PDR) 12:30 Word Search at Lunch [DR] 2:00 W Visit with Laura & Stevie the Dog [BDR] 3:00 Penny Poker [IC] 3:00 W Ice Cream Social [BDR] 12:30 🛊 Wine Pairing Luncheon [DR] 2:45 Thursdays with Maddy! (FS) 3:00 C Happy Feet! 2:00 W Guys' Pool party! [BR] 2:00 😭 Bingo [GR] 4:00 M Piecing Together The Puzzle [FS] 4:00 M Piecing Together The Puzzle [FS 4:00 M Piecing Together The Puzzle [FS] 6:30 W Bingo [GR] 3:30 M Thirsty Thursday Happy Hour! [BDR] 3:00 Gold Key and Ambassador Club 7:00 W Sunday Night Movie [FS] 2:00 **Chorale w/Sharon [FS]** 7:00 Penny Poker [IC] 6:30 M Jazz with Bob W. [BDR] 7:00 W Friday Night Movie! [FS] 26 28 29 9:30 Representation 9:30 Bus to 10 am Church 12:30 Mardi Gras 9:00 Bus for Appointments 9:30 Shopping / Errands in 9:00 Bus for Appointments **WEAR WHITE TO LUNCH** 9:45 Sit and Be Fit Branford [B] between 9 am and 1 pm [B] **Services on Guilford** between 9 am and 1 pm 10:00 P Golf Putting w/Bill (GR) Luncheon! (DR) 9:45 Sit and Be Fit 9:45 Sit and Be Fit 9:45 Sit and Be Fit Green [B] [GR] 9:30 Shopping / Errands in 11:00 **Bible Study (PDR)** 10:30 🛊 Roman Catholic Communion [CH] 9:45 Moving with Mike [ER] 9:45 Movement for Better Balance 11:00 Walking Club [BR] 11:00 Cuided Meditation with Guilford [B] 11:00 Walking Club [BR] 11:00 F Let's be crafty! (IC) 11:00 Walking Club [BR] Class (GR) 11:30 🛨 Learn Spanish with Blandina IPDR Blandina [PDR] 9:45 Moving with Mike [GR] 11:00 Walking Club [BR] 2:00 W Bingo [GR] 3:00 Resident Meeting with Robin 11:00 Meditative Coloring Art [PDR] 12:00 Take a Soldier home 11:00 P Wii Bowling [FS] 11:00 Word in a Word BDR 2:00 Y POKENO [IC] [BDR] 11:00 Walking Club [BR] 2:00 W Guys Poker Game (IC) 3:00 Penny Poker [IC] 3:00 W Leap Year Party! (BDR) 2:00 The Spectrum of Arts [GR] 12:30 Word Search at Lunch [DR] 4:00 M Piecing Together The Puzzle [FS] 4:00 M Piecing Together The Puzzle [FS] 2:00 | Inspirational Video discussions 3:00 Let's bake doggie biscuits! 4:00 M Piecing Together The Puzzle [FS] 2:45 Thursdays with Maddy! (FS) 7:00 Penny Poker [IC] 2:00 💓 Bingo [GR] with Kristin (PDR) 7:00 W Sunday Night Movie [FS] 7:00 W Friday Night Movie! [FS] 6:30 W Jazz with Bob W. [BDR] 3:30 Thirsty Thursday Happy Hour! [BDR] 6:30 W Bingo [GR] 2:00 **Chorale w/Sharon [FS]**